



Intake Appraisal

Client: _____

Date: _____

Client Information

- Male
 Female
- Single
 Married
 Partnered
 Divorced
 Widowed

Children

Full Name _____

Street Address _____

City, State, Zip _____

Daytime Phone _____

Evening Phone _____

Spouse/Partner _____

Email _____

Date of Birth _____

Referred By _____

Health Problems and Medications

Presenting Issues

- | | | | |
|---------------------------------------------|-----------------------------------------------|----------------------------------------------|--------------------------------------------------|
| <input type="checkbox"/> Self-Control | <input type="checkbox"/> Appearance | <input type="checkbox"/> Success/Achievement | <input type="checkbox"/> Personal Organization |
| <input type="checkbox"/> Weight Management | <input type="checkbox"/> Interpersonal Skills | <input type="checkbox"/> Become Persuasive | <input type="checkbox"/> Relationships |
| <input type="checkbox"/> Situational Stress | <input type="checkbox"/> Optimism | <input type="checkbox"/> Spirituality | <input type="checkbox"/> Facilitate Wellness |
| <input type="checkbox"/> Sleep Improvement | <input type="checkbox"/> Goal-Setting | <input type="checkbox"/> Self-Confidence | <input type="checkbox"/> Referred Medical Issues |
| <input type="checkbox"/> Apprehensions | <input type="checkbox"/> Attraction | <input type="checkbox"/> Occupation | <input type="checkbox"/> Other Referred Issues |

Other Issues

- _____
- _____
- _____
- _____
- _____
- _____

Notes

Goals

- _____
- _____
- _____
- _____

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Signature _____

Date _____

Privacy Policy: No information about any client will be discussed or shared with any third party without written consent of the client or parent/guardian if the client is underage.